safety rules

**skating**

**DO NOT...**
- Do not sit on or climb over the safety barrier
- Do not chip or throw any ice
- Do not skate at excessive speed
- Do not smoke, drink or eat on the ice
- Do not drop litter on the ice
- Do not carry young babies or children on the ice
- Do not skate in chains of more than two
- Do not wear scarves or long coats on the ice
- Do not carry handbags/any bags on the ice
- Do not cut across the middle of the rink
- Do not play tag
- Do not consume alcohol before attempting to skate
- Do not wear peaked caps or hoods on the ice
- Do not congregate at the barrier entrance

**DO...**
- Do make sure skates are correctly tightened
- Do wear gloves
- Do skate in an anticlockwise direction ONLY
- Do obey instructions given by the ice rink management
- Do obey the ice marshals

**children**

Please note, a child is defined by age and must be under the age of 12

If a child does not have any proof of age, it is at the discretion of the Ice Rink Management as to whether a child or adult ticket is required

Management holds the right to refuse entry and Ice Rink Management’s decision is final

No-one under the age of 4 years old will be allowed on the rink

4-12 year olds must be accompanied by an adult on the rink

Management reserves the right to refuse entry/eject patrons from the rink without refund

Refunds are only given at management discretion

Personal belongings are left at the owner’s risk

**assumption of risk**

Skaters and spectators are deemed to have knowledge of and assume the inherent risks which include, but are not limited to, the following:

- Injuries resulting from collision or contact with other skaters
- Injuries resulting from falls
- Injuries that involve objects or artificial structures that are properly within the intended path of travel of the skater
- Injuries resulting from wet flooring

**high risk groups**

Skating is NOT suitable for:

- Pregnant women
- Anyone with a heart condition

**PLEASE READ THE SAFETY RULES**

If you are unsure about going on the rink, please check with a member of staff

for further information email info@citiesonice.co.uk